

ARLINGTON FARMERS MARKETS

By Miss Belber's Class at Campbell Elementary School



Reasons to Go

fresher produce



no chemicals



outdoors



better for the environment

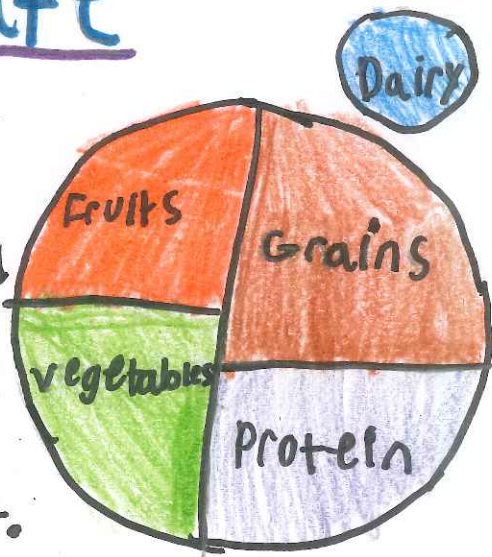


Support local farmers



My Plate

Each food group on my plate provides the vitamins and minerals you need to fuel your body each day. Plan your next meal with the goods from farmers market.



LOCATIONS AND HOURS

A) Arlington (Courthouse)
N. Courthouse Rd. & N. 14th St.
Saturdays 8AM-NOON (Apr-Dec)
9AM-NOON (Jan-Mar)

B) Arlington Mill
909 S. Dinwiddie St.
Saturdays 9AM-1PM (May-Oct)

C) Ballston
Welburn Square
Thursdays 3PM-7PM (Apr-Nov)

D) Clarendon
Clarendon Blvd & N. Highland St.
Wednesdays 3PM-7PM (Apr-Dec)

E) Columbia Pike
Columbia Pike & Walter Reed Dr.
Sundays 9AM-1PM (Apr-Dec)
10AM-1PM (Jan-Mar)

F) Crystal City
1900 Crystal Dr.
Tuesdays 3PM-7PM (Apr-Nov)

G) Rosslyn
1800 N. Lynn St.
Wednesdays 2:30-6:30 (May-Oct)

H) Westover
Washington Blvd. & N. McKinley St.
Sundays 8AM-NOON (May-Mar)
9AM-NOON (Dec-Apr)

I) Fairlington
3380 S. Stafford St.
Sundays 9AM-1PM (Apr-Nov)

J) Marymount
2807 N. Glebe Rd.
Saturdays 9AM-1PM (Mar-Nov)

EAT THE RAINBOW

Each color of fruit or vegetable helps your body in special ways.



Useful ties

be prepared for the weather



Bring a reusable bag



Plan your visit

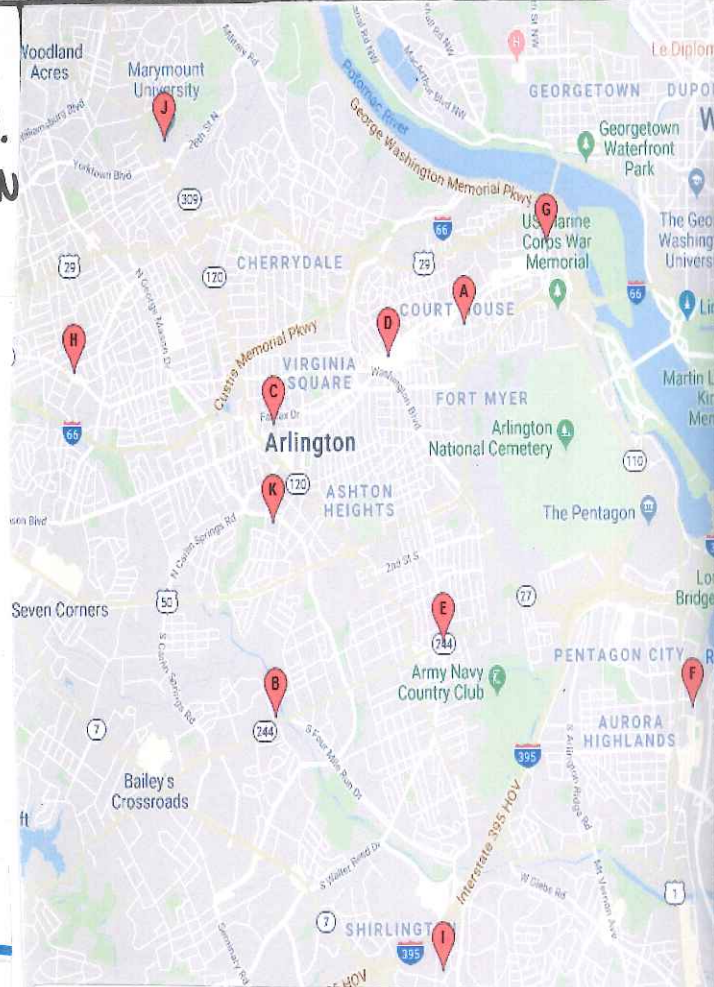


K) Lubber Run
4401 N. Henderson Rd.
Saturdays 8AM-NOON (May-Nov)

leave pets at home



Bring a shopping list



Our Top Three Seasonal Favorites

Spring	Summer	Fall	Winter
 Pea Shoots strawberry Tomato	 Watermelon Peach Grapes	 Pumpkin Kohlrabi Brussel sprouts	 Apple Herbs Onions

Ways to Pay

Cash
 credit card
 market token
 SNAP
 (check with your market for their match Program)

For more information visit: <https://topics.arlingtonva.us/farmers-markets/>