

Families: Please read Family Letter 3 before doing this Home Link with your child. Find Family Letters on SecondStep.org. Activation Key: CPU4 FAMI LYG4

Students: Your body belongs to you. It's never okay for someone to touch you in a way that's unsafe or unwanted.

Write your own definitions for unsafe and unwanted touches:

Unsafe touch: \_\_\_\_\_

Unwanted touch: \_\_\_\_\_

You can refuse any touch you don't want. List two touches you don't like or that make you feel uncomfortable:

- 1. \_\_\_\_\_
2. \_\_\_\_\_

Family Safety Plan: Refusing Unsafe and Unwanted Touches

Show your family your definitions of unsafe and unwanted touches and your list of unwanted touches. Think of other types of touches together and write each in the box below where you decide it belongs.

Table with 2 columns: Unsafe Touches, Unwanted Touches

Talk with your family about what you can say or do to refuse an unwanted touch—for example, using a stop signal or offering to shake hands instead—and write it below. When you're done, practice it with your family.

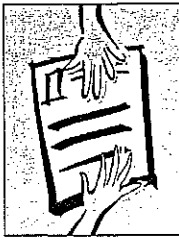
Blank lines for writing a refusal strategy.

Add this to your family safety plan.

Detach this slip and return it to your teacher after you have completed Grade 4, Home Link 3.

Form with fields for (CHILD'S NAME), (DATE), and (ADULT'S SIGNATURE)

Touching



**Families:** Please read Family Letter 4 before doing this Home Link with your child. Find Family Letters on SecondStep.org.  
Activation Key: CPU4 FAMI LYG4

**Students:** Remembering the Private Body Parts Rule will help you keep yourself safe. Review the rule below and teach it to your family. Help everyone understand what each part of the rule means.

**Private Body Parts Rule**

Private body parts are private. No one should ever:

1. Touch yours, except a doctor or nurse
  2. Ask to see yours, except a doctor or nurse
  3. Make you look at his or hers, or anyone else's
- And never touch anyone else's.

**Family Safety Plan: Reporting a Broken Rule.**

Talk with your family about which adults you could report to about a broken Private Body Parts Rule at school, at home, and other places you go. Write their names below.

Adults at School	Adults at Home	Adults in Other Places

Talk with your family about what you should say if you need to report a broken Private Body Parts Rule and what they should say and do to help you stay safe after you report. Write what you and your family decide below.

What I can say: \_\_\_\_\_  
\_\_\_\_\_

What my family can say and do afterward: \_\_\_\_\_  
\_\_\_\_\_

Practice reporting a broken Private Body Parts Rule to an adult and have him or her respond supportively. Add this to your family safety plan.

*Detach this slip and return it to your teacher after you have completed Grade 4, Home Link 4.*

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)

Body Parts Rule