

ARLINGTON FARMERS MARKETS

By Miss Belber's Class at Campbell Elementary School



Reasons To Go

fresh produce



no chemicals



outdoors



better for the environment

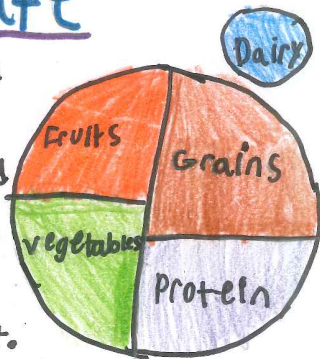


support local farmers



My Plate

Each food group on my plate provides the vitamins and minerals you need to fuel your body each day. Plan your next meal with the goods from farmers market.



LOCATIONS AND HOURS

- A) Arlington (Courthouse)**
N. Courthouse Rd. & N. 14th St.
Saturdays 8AM-NOON (Apr-Dec)
9AM-NOON (Jan-Mar)
- B) Arlington Mill**
909 S. Dinwiddie St.
Saturdays 9AM-1PM (May-Oct)
- C) Balkston**
Welburn Square
Thursdays 3PM-7PM (Apr-Nov)
- D) Clarendon**
Clarendon Blvd & N. Highland St.
Wednesdays 3PM-7PM (Apr-Dec)
- E) Columbia Pike**
Columbia Pike & Walter Reed Dr.
Sundays 9AM-1PM (Apr-Dec)
10AM-1PM (Jan-Mar)
- F) Crystal City**
1900 Crystal Dr.
Tuesdays 3PM-7PM (Apr-Nov)
- G) Rosslyn**
1800 N. Lynn St.
Wednesdays 2:30-6:30 (May-Oct)
- H) Westover**
Washington Blvd & N. McKinley St.
Sundays 8AM-NOON (May-Nov)
9AM-NOON (Dec-Apr)
- I) Fairlington**
3380 S. Stafford St.
Sundays 9AM-1PM (Apr-Nov)
- J) Marymount**
2807 N. Glebe Rd.
Saturdays 9AM-1PM (Mar-Nov)

EAT THE RAINBOW

Each color of fruit or vegetable helps your body in special ways.



Useful ties

be prepared for the weather



Bring a reusable bag



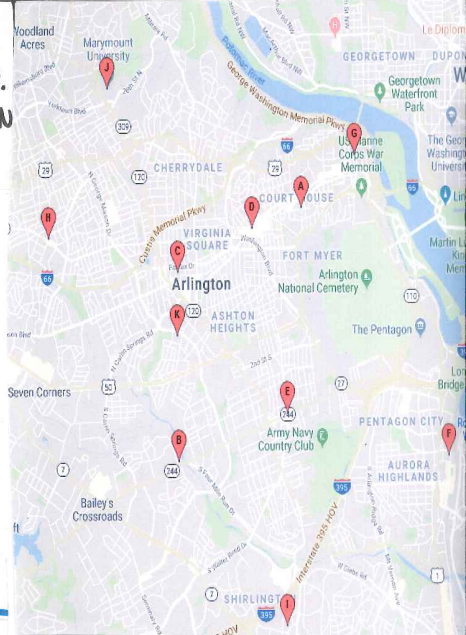
leave pets at home



Plan your visit



Bring a shopping list



Our Top Three Seasonal Favorites

Spring	Summer	Fall	Winter
 Pea Shoots	 Watermelon	 Pumpkin	 Apple
 strawberry	 Peach	 Kohlrabi	 Herbs
 Tomato	 Grapes	 Brussel sprouts	 Onions

Ways to pay

- Cash
 - credit card
 - market token
 - SNAP
- (check with your market for their match Program)

For more information visit: <https://topics.arlingtonva.us/farmers-markets/>