

## Perfect Plums

By

### Introduction

Do you like plums? I sure do! If you don't you are probably wondering, "What's so great about plums anyway?" Well keep reading to find out about eating, harvesting, planting, and other interesting facts about them!

### Planting and Harvesting

Did you know plums grow in three different continents?! Plums usually grow in Europe, Asia, and North America. If they grow in North America then you probably see most of them growing in the state of California. Plums grow in temperate areas. A temperate area is a place where there is a difference in the seasons. So you won't see them growing in tropical places.

You will see plums growing off either a tree or shrub. The shrubs can get about three feet tall. Their germination period varies from 10-12 weeks and will bear fruit in 3-4 years. If you wanted to know, germination is when the seed opens.

### That's Interesting

Did you know plums have been eaten since ancient times!? They can grow as small as a cherry to as big as a hen's egg. You may see plums green, yellow, red, or dark purple. They taste good in many foods and drinks and are also mostly water.

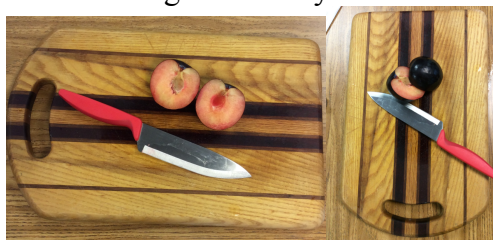


### Nutrition and Eating

I don't want to make to hungry but I do want to tell you about what foods plums are good in! Plums are both tart and sweet. They are also eighty percent water, so if it's a hot summer day open the fridge and sink your teeth into the cool fruit or drink an ice cold glass of plum juice.

Visitors coming over? Bake a fresh plum pie! Wondering what to have for breakfast? Spread some plum jam onto a piece of toast or a bagel.

Plums are a great healthy fruit for all seasons!



### Conclusion

Now that you know all about plums I'm sure you would like to try one if you haven't already. If you do, the next time you go to the farmers' market or store pick up a few plums to bring home and enjoy!

