



**What Is My Child Learning?**

Your child is learning ways bystanders can help stop bullying.

**Why Is This Important?**

Bystanders have the power to stop bullying by standing up for others, reporting or helping to report bullying, and including others. But bystanders can also make bullying worse if they join in or don't help.

**Ask your child: What would you do if saw someone being bullied?**

**A bystander is someone who sees or knows bullying is happening to someone else.**

**Read Together**

A bystander is someone who sees or knows bullying is happening to someone else. Bystanders have a lot of power. They have the power to help stop bullying or the power to make the problem worse.

Bystanders can help stop bullying by:

- Standing up for the person being bullied
- Reporting or helping report the bullying to a caring adult
- Supporting, being kind to, and including the person being bullied

Bystanders can make the problem worse if they join in the bullying, laugh, don't report, and don't tell someone to stop.

**Practice Together: Bystander Pledge**

Have your child make a pledge to be a bystander who helps stop bullying at home between children, such as brothers, sisters, cousins, friends, and neighbors. Help your child write what he or she can do as a bystander who helps stop bullying. Then you and your child sign the pledge.

*The Bystander Pledge*

I promise to be a bystander who helps stop bullying.

When I see someone being bullied, I will do one or more of these things:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(MY SIGNATURE)                      (ADULT'S SIGNATURE)                      (DATE)

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)



Name: \_\_\_\_\_

Cyber bullying is bullying with electronic technology. It can be just as harmful as other types of bullying. In some cases, it can be even more harmful, because the hurtful material can spread to more people.

Write two ways cyber bullying is different from other kinds of bullying:

1. \_\_\_\_\_
2. \_\_\_\_\_

Think about an incident of cyber bullying you witnessed yourself, read in the news, or heard about from someone else. Write down what happened, and what you did or could have done to help stop the bullying. Show your writing to an adult family member.

What happened?

---



---



---

What did you do, or what could you or other bystanders have done, to help stop the bullying?

---



---



---

Talk with your adult about what you can do to help stop cyber bullying you may witness or find out about in the future. Then write down one thing you can do below. It takes courage to help stop cyber bullying!

---



---



---

This homework assignment was completed on _____		
(DATE)	(ADULT SIGNATURE)	